



Name: _____ Date of Birth: _____ Date: _____

Adolescent Patient Health Questionnaire-9 (PHQ-9)

Over the **last 2 weeks**, how often have you been bothered by any of the following problems?
(Please circle your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Feeling down, depressed, irritable, or hopeless?	0	1	2	3
2. Little interest or pleasure in doing things?	0	1	2	3
3. Trouble falling asleep, staying asleep, or sleeping too much?	0	1	2	3
4. Poor appetite, weight loss, or overeating?	0	1	2	3
5. Feeling tired or having little energy?	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down?	0	1	2	3
7. Trouble concentrating on things, such as school work, reading or watching television?	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual?	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way?	0	1	2	3

In the **past year** have you felt depressed or sad most days, even if you felt okay sometimes? Yes No

If you are experiencing any of the problems on this form, how **difficult** have these problems made it for you to do your work, take care of things at home or get along with other people?

Not difficult at all Somewhat difficult Very difficult Extremely difficult

Has there been a time in the **past month** when you have had serious thoughts about ending your life? Yes No

Have you **EVER**, in your WHOLE LIFE, tried to kill yourself or made a suicide attempt? Yes No

PHQ-9 Score: _____

Adolescent Screening, Brief Intervention, and Referral to Treatment (SBIRT)

In the **past year**, on **how many days** have you had more than a few sips of beer, wine, or any drink containing alcohol _____ or used cannabis or other illegal drugs ? _____

If your friends drink, **how many drinks** do they usually drink on an occasion? _____